

Active Member Edition **Winter 2018**

## What happens to my retirement after I leave service with an OPERS-participating employer?

You should carefully examine your options when separating employment with an OPERS-participating employer. Depending on your age and your length of OPERS service, there are three potential options for your retirement benefit.

### Retirement

To retire with an OPERS-participating employer means you will begin receiving a lifetime monthly benefit based on a formula using your salary and service credit. Normal retirement eligibility begins at age 62 if you have at least six years of service, or when you reach a combination of age and service equaling 80 points (or 90 points for those entering OPERS on or after July 1, 1992). Early (and permanently reduced) retirement benefits may also be available beginning at age 55 with at least 10 years of service.

You and your Retirement Coordinator must complete the *Retirement Notice and Application* before your retirement benefits will begin. Your completed application must be received in the OPERS office at least sixty days before your retirement date. You should also consider attending a Pre-Retirement seminar for more information.

*Note: Different eligibility requirements apply to those first employed on or after November 1, 2011, hazardous duty members and elected officials.*

*(Continued on page 7)*

### Director's Corner Cultivating a Healthy Retirement

*Joseph A. Fox, Executive Director*

In keeping with the theme of our Popular Annual Financial Report in this newsletter, OPERS continues to cultivate a healthy retirement for those who serve Oklahoma. Your retirement system remains on a strong financial path so that we can be a major contributor to your secure and lasting retirement.

It starts with the number 94.5. That is the percentage of assets we have today to pay the pension benefits you have been promised. This number is high because of the long-term commitment our Board of Trustees and staff have made to ensure that the system maintains a strong foundation, operates efficiently, and invests for the future.

Our Board of Trustees decided long ago that trendy or flashy investments were not essential in determining our success. Instead, they took a more traditional "steady as she goes approach" that has resulted in competitive returns at a low cost. This approach is the key to our long-term success which continues today. This year, OPERS completed a review of our financial condition, including the strategic investment and liability structures. Several factors and assumptions we rely on to determine the status of our Plan were adjusted to reflect the actual

*(Continued on page 8)*

## ALSO IN THIS ISSUE:

### 2 / Retirement 101

*Five Medicare Mistakes to Avoid*

### 3 / 2017 Popular Annual Financial Report

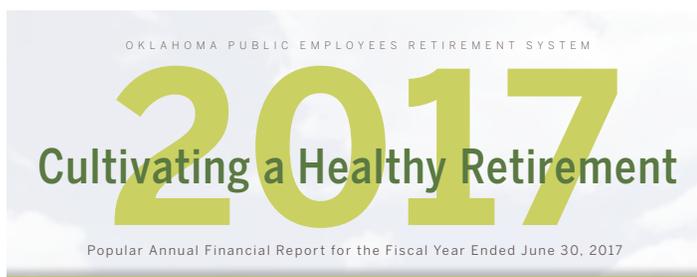
*Cultivating a Healthy Retirement*

### 7 / Healthful Hints

*Workstation Workout*

### 8 / Contact OPERS/Feedback

### See Inside:



# RETIREMENT 101

## Five Medicare Mistakes to Avoid

Many retirees expect Medicare to cover the majority of health care expenses after age 65, but the rules can be confusing. Choosing the correct plan for your needs, being aware of important deadlines, and annually comparing options can help you avoid costly mistakes. Here are five common Medicare mistakes you should avoid making.

### Forgetting to Sign Up for Medicare at 65

You will automatically be enrolled in Medicare Part A and Part B when you turn 65 if you are already receiving Social Security benefits. Otherwise, you will need to take action before your Medicare benefits begin. Signing up online is easy, and you have a three-month window both before and after your 65th birthday to enroll. If you or your spouse has coverage through a current employer, you may choose to delay Part B. You will need to sign up within eight months of retiring, or you may have to wait until the next enrollment period. This could mean several months without coverage or a 10% lifetime late-enrollment penalty.

### Buying the Same Part D Plan as Your Spouse

Most spouses don't take the same medications, so it may not make sense to be on the same Medicare Part D prescription-drug plan. Be careful if you and your spouse sign up for plans with different preferred pharmacies since some plans only offer the best rates at certain pharmacies. To compare available drug and health plan options, use the Medicare Plan Finder tool, [www.medicare.gov/find-a-plan](http://www.medicare.gov/find-a-plan). This tool allows you to search by drug type and dosage to see how much you will pay for premiums and co-pays in your area.

### Keeping Your Part D Plan on Autopilot

Plan costs and coverages can vary significantly from year-to-year. Additionally, if you are prescribed a new medication or a current prescription releases a generic version, another Part D plan may better suit your needs. Open enrollment for Medicare Part D and Medicare Advantage plans runs from October 15 to December 7 every year and is a great time to review your options.

### Going Out-of-Network in Your Medicare Advantage Plan

Medicare Advantage plans cover both medical expenses and prescription drugs but require you to use the plan's network of doctors, hospitals, and other providers to get the lowest co-pays. Each option period you should verify your providers are still considered "in-network".

### Assuming You Cannot Contribute to an Health Savings Account After 65

You cannot contribute to a Health Savings Account (HSA) after you sign up for Medicare. However, if you or your spouse have health insurance through your current job, you may delay signing up for Part A and Part B. You will then be able to keep contributing to an HSA, but be mindful of HSA contributions in the year you sign up for Medicare.

## MEDICARE 101

### PART A

#### HOSPITAL INSURANCE

Covers most medically necessary hospital, skilled nursing facility, home health, and hospice care. It is free if you have worked and paid Social Security taxes for at least 10 years. You will pay a monthly premium if you have worked and paid taxes for less time.

### PART B

#### MEDICAL INSURANCE

Covers most medically necessary doctors' services, preventive care, durable medical equipment, hospital outpatient services, laboratory tests, x-rays, mental health care, and some home health and ambulance services. You pay a monthly premium for this coverage.

### PART C

#### MEDICARE ADVANTAGE PLAN

Alternative coverage provided by private health insurance companies. Covers the same benefits as Part A and Part B, but can do so with different rules, costs, and coverage restrictions. Medicare Advantage Plans typically include a prescription Part D plan. You pay a monthly premium for this coverage, in addition to your Part B premium.

### PART D

#### OUTPATIENT PRESCRIPTION DRUG INSURANCE

Provides outpatient prescription drug coverage. Provided through private insurance companies that have contracts with the government.

# 2017 Cultivating a Healthy Retirement

Popular Annual Financial Report for the Fiscal Year Ended June 30, 2017

Dear Esteemed Member:

We are pleased to bring you the Popular Annual Financial Report for the Oklahoma Public Employees Retirement System (OPERS) for the fiscal year ended June 30, 2017. This report contains summary financial information from the 2017 Comprehensive Annual Financial Report (CAFR) written in layman's terms. The theme of this year's CAFR is "Cultivating a Healthy Retirement".

Since 1964, our staff has embraced the responsibility of nurturing and cultivating the pensions for Oklahoma's public servants. Our staff works diligently to ensure the growth of the retirement plans under our care, not only for today's members, but also for those who will serve the people of Oklahoma well into the future.

Compiling and publishing the Comprehensive Annual Financial Report is another opportunity to prove to our members and stakeholders that they are a part of a successful and healthy retirement plan.

We hope you find this report informative.

Sincerely,

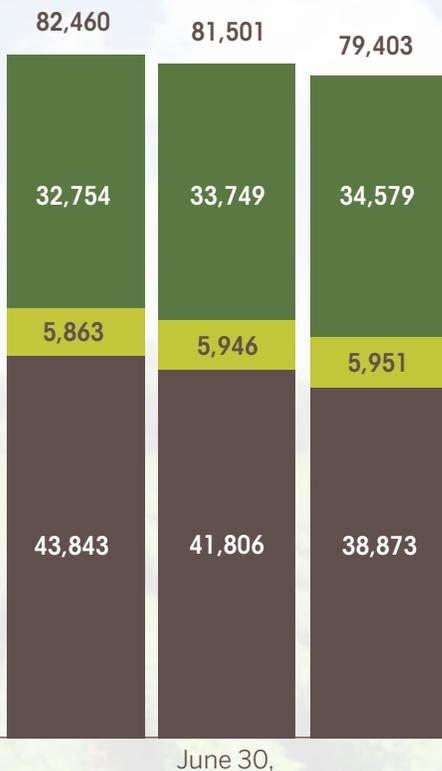
Joseph A. Fox  
*Executive Director*



## COMPREHENSIVE ANNUAL FINANCIAL REPORT ONLINE

The 2017 Popular Annual Financial Report of the Oklahoma Public Employees Retirement System (OPERS) contains summary financial information from the 2017 Comprehensive Annual Financial Report. The full report may be viewed, in its entirety online, at [www.opers.ok.gov/publications](http://www.opers.ok.gov/publications).

## DEMOGRAPHICS CHART



June 30,

15

16

17

● ACTIVE ● INACTIVE ● RETIRED

## ABOUT OPERS

OPERS was established in 1964 by the Oklahoma Legislature. As of June 30, 2017, the Plan consisted of 284 participating employers comprised of state, county, and local agencies. The membership includes 38,873 active members, 5,951 inactive members, and 34,579 retirees and beneficiaries.

## NET POSITION

The net position restricted for pension and health insurance subsidy plan (HISP) totaled approximately \$9.2 billion at June 30, 2017, compared to \$8.4 billion at June 30, 2016. The net position is available for payment of monthly retirement benefits and other qualified distributions to the System's participants. Equity markets performed well during fiscal year 2017, resulting in an increase in net investment income which lead to an increase in net position restricted for pension/HISP benefits from June 30, 2016 to June 30, 2017.

### Condensed Schedules of Fiduciary Net Position

(\$ millions)

	2017			2016*
	Pension	HISP	Combined	
<b>Assets:</b>				
Cash and cash equivalents	\$ 113.3	\$ 5.9	\$ 119.2	\$ 120.7
Receivables	340.9	11.8	352.7	283.1
Investments	9,042.9	318.3	9,361.2	8,449.8
Securities lending collateral	618.2	21.8	640.0	500.7
Property and equipment	0.4	—	0.4	0.5
Other assets	0.3	—	0.3	0.3
<b>Total assets</b>	<b>10,116.0</b>	<b>357.8</b>	<b>10,473.8</b>	<b>9,355.1</b>
<b>Liabilities:</b>				
Other liabilities	583.8	20.5	604.3	418.9
Securities lending collateral	618.2	21.8	640.0	500.7
<b>Total liabilities</b>	<b>1,202.0</b>	<b>42.3</b>	<b>1,244.3</b>	<b>919.6</b>
<b>Ending fiduciary net position</b>	<b>\$ 8,914.0</b>	<b>\$ 315.5</b>	<b>\$ 9,229.5</b>	<b>\$ 8,435.5</b>

\*Prior year column has not been restated for the effect of the adoption of GASB Statement No. 74

## CHANGES IN FIDUCIARY NET POSITION

OPERS is funded through a combination of member contributions, employer contributions and investment earnings. For the year ended June 30, 2017, fiduciary net position increased by \$793.9 million, or 9.4%, from June 30, 2016. Total assets increased \$1.1 billion, or 12.0%, due to a 10.8% increase in investments and a 27.8% increase in securities lending collateral. The System achieved a money-weighted rate of return of 12.64% compared to the prior year of 0.18% resulting in the majority of the increase in fiduciary net position. Total liabilities increased \$324.7 million, or 35.3%, due to a 44.3% increase in pending purchases of securities and a 27.8% increase in the securities lending collateral liability.

Deductions to fiduciary net position are incurred primarily for the purpose for which OPERS was created, namely the payment of benefits to retirees. For the year ended June 30, 2017, total deductions increased \$27.8 million, or 4.7%, from the prior year. Retirement, death, and survivor benefits increased \$27.5 million, or 4.9%, due to a 2.5% increase in the number of retirees at year end and a 1.6% increase in the average benefit. Refunds and withdrawals

increased \$0.1 million, or 0.6%, as more participants withdrew contributions during fiscal 2017. The 3.5% increase in administrative costs was primarily due to the increase in personnel costs.

### Condensed Schedules of Changes in Fiduciary Net Position

(\$ millions)	2017			2016*
	Pension	HISP	Combined	
Member contributions	\$ 70.3	\$ —	\$ 70.3	\$ 73.8
State and local agency contributions	269.5	18.9	288.4	296.2
Net investment income	1,013.9	35.7	1,049.6	15.6
Total additions	1,353.7	54.6	1,408.3	385.6
Retirement, death and survivor benefits	573.9	19.0	592.9	565.4
Refunds and withdrawals	16.0	—	16.0	15.9
Administrative expenses	5.2	0.2	5.4	5.2
Total deductions	595.1	19.2	614.3	586.5
Net (increase) decrease in fiduciary net position	758.6	35.4	794.0	(200.9)
Beginning of year as restated for GASB 74	8,155.4	280.1	8,435.5	—
End of year	\$ 8,914.0	\$ 315.5	\$ 9,229.5	\$ (200.9)

\*Prior year column has not been restated for the effect of the adoption of GASB Statement No. 74

### BENEFITS PAID TO MEMBERS

Members qualify for full retirement benefits at their specified normal retirement age or, for any person who became a member prior to July 1, 1992, when the sum of the member's age and years of credited service equals or exceeds 80 (Rule of 80), and for any person who became a member on or after June 30, 1992, when the member's age and years of credited service equals or exceeds 90 (Rule of 90). Normal retirement age under the Plan is 62 or Rule of 80/90 if the participant became a member prior to November 1, 2011, or age 65 or Rule of 90 if the participant became a member on or after November 1, 2011.

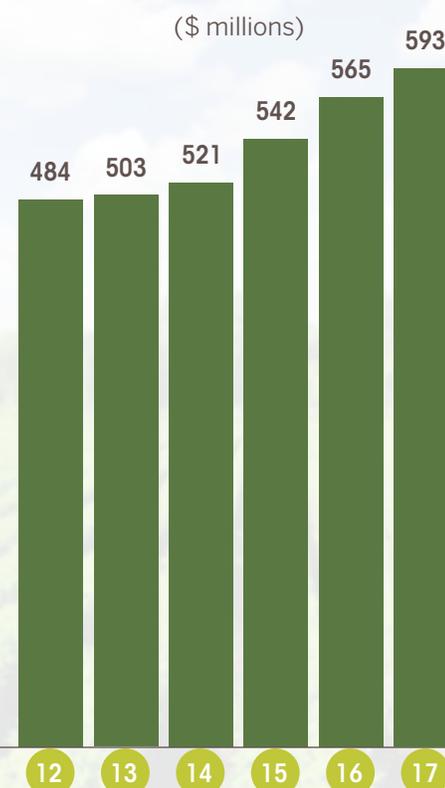
The *Schedule of Benefit Payments* to the right provides information on the total benefit expenses incurred by the Plan consisting of age and service, disability, and beneficiary death benefits.

### INVESTMENTS

The Board of Trustees adheres to the highest standard in making investment decisions for the Plan – the Prudent Investor Rule. The Board and its advisors invest the Plan's assets for the sole interest of our membership and their beneficiaries. In addition, funds are to be diversified to minimize the risk of large losses, unless under the circumstances it is clearly prudent not to do so. The increase in the System's managed investments is reflective of the increase in domestic and international equity markets for the year. The System's overall return for the year ended June 30, 2017 was 12.8%. The *Rate of Return* table to the right reflects overall investment returns for the Plan over the past six fiscal years.

The Board of Trustees has established the *Statement of Investment Policy* to guide investment decisions and outline the overall investment philosophy of the Plan. The investment philosophy is supported by three main pillars: identifying the importance of asset allocation and rebalancing; diversification of the asset base as the primary risk control element; and, controlling costs through passive investment management where most appropriate.

## SCHEDULE OF BENEFIT PAYMENTS

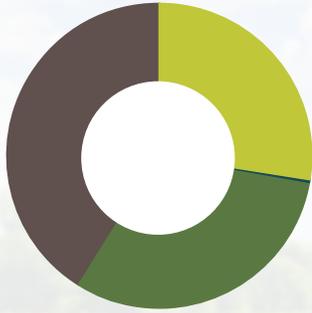


## RATE OF RETURN

Year Ended June 30,	Total
2017	12.8 %
2016	0.3
2015	3.2
2014	18.0
2013	12.0
2012	2.4

## ASSET MIX

- 27.5% ● International Equities
- 0.3% ● Cash\*
- 31.3% ● Fixed Income
- 40.9% ● U.S. Equities



\*Consists of cash and real estate

## FUNDED RATIO



The Board engages outside investment managers to manage the various asset classes where OPERS has exposure. At fiscal year end, the investment portfolio of OPERS was actively managed by three fixed income managers, seven domestic equity managers and two international equity managers. OPERS' investment portfolio also consisted of passively managed index funds, including one fixed income index fund, one domestic equity index fund and two international equity index funds. For fiscal year 2017 investments provided a 12.8 percent rate of return. The annualized rate of return for OPERS was 5.3 percent over the last three years and 9.1 percent over the last five years. At June 30, 2017, the allocation of the investment portfolio is shown in the *Asset Mix* chart to the left.

## FUNDING

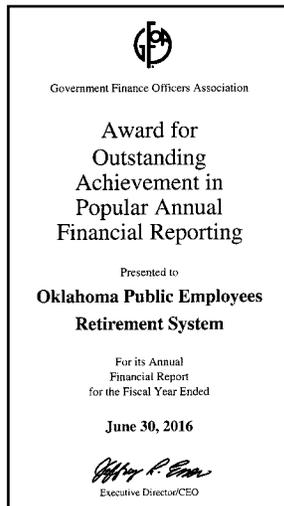
A pension fund is well funded when it has enough money in reserve to meet all expected future obligations to participants. It must also have a revenue source sufficient to keep up with future obligations. The funding objective for OPERS is to meet long-term benefit promises through contributions that remain approximately level as a percent of member payroll. The greater the level of funding, the larger the ratio of assets accumulated to the actuarial accrued liability and the greater the level of investment potential. The advantage of a well-funded plan is that the participants can look at assets that are committed to the payment of benefits. The actuarial accrued liability and actuarial value of assets of OPERS as of July 1, 2017 amounted to \$9.8 billion and \$9.2 billion, respectively.

The OPERS funded status increased to 94.5 percent at July 1, 2017. The funded status had declined from 73.0 percent at July 1, 2008 to 66.0 percent at July 1, 2010 before significantly increasing to 80.7 percent at July 1, 2011 due to the removal of the cost-of-living-adjustment (COLA) assumption, and further increased to 93.6 percent at July 1, 2015. The *Funded Ratio* chart to the left shows the change in funded status over the past six fiscal years.

## OPERS AWARDED FOR EXCELLENCE IN FINANCIAL REPORTING

The Government Finance Officers Association of the United States and Canada (GFOA) has given an *Award for Outstanding Achievement in Popular Annual Financial Reporting* to the Oklahoma Public Employees Retirement System for its Popular Annual Financial Report for the fiscal year ended June 30, 2016. The Award for Outstanding Achievement is a prestigious national award recognizing conformance with the highest standards for preparation of state and local government popular reports.

To receive an Award for Outstanding Achievement in Popular Annual Financial Reporting, a government unit must publish a Popular Annual Financial Report, whose contents conform to program standards of creativity, presentation, understandability



and reader appeal. An Award for Outstanding Achievement in Popular Annual Financial Reporting is valid for a period of one year only. OPERS has received the award for the last ten consecutive years. We believe our current report continues to conform to the award requirements, and we are submitting it to GFOA.

In addition, OPERS was awarded the *Public Pension Standards Award for Funding and Administration* by the Public Pension Coordinating Council, a confederation of the National Association of State Retirement Administrators, the National Conference on Public Employee Retirement Systems, and the National Council on Teacher Retirement. This is the seventh consecutive award OPERS has received in recognition of meeting professional standards for plan funding and administration as set forth in the Public Pension Standards.

# Healthful *hints*

## Workstation Workout

Do you find yourself sitting for long periods of time? Studies have linked sitting to cardiovascular diseases, weight gain, diabetes, cancers, depression and premature death. The good news is even just two minutes of light-intensity activity such as walking every hour can reverse the negative impacts of sitting.<sup>1</sup> Having trouble finding time in your busy schedule? Try squeezing in one or more of the stretches and exercises listed below. Hold each of these slow movements for about 30 seconds before releasing and repeating on the other side, if necessary.

**Shoulder Stretch** – Extend one arm in front of you. Place your other hand under the elbow. Pull your arm across your chest without rotating your body. You should feel the stretch across your back shoulder.

**Upper Arm Stretch** – Bend one arm up and over your shoulder with your palm on your back. Use your other hand to gently push the elbow back, stretching your triceps and shoulder.

**Chest Stretch** – With both hands behind your head or behind your back, move your elbows back. You'll feel your shoulder blades squeeze together and a stretch across your chest.

**Neck Stretch** – Stretch the muscles in the neck with the following movements:

- Tuck your chin to your chest and hold.
- Turn your head to look over your shoulder without rotating your body and hold.
- Tilt your head, bringing your ear down to your shoulder. Keep your shoulders in place and hold.

**Lower Back Stretch** – Sit near the edge of your chair, bend the knee of one leg up and use your hands to pull it towards your chest. Keep sitting straight without leaning to feel this stretch in your lower back through your glutes.

**Upper Back Stretch** – Give yourself a hug with each hand placed on the opposite back shoulder. Deep breathes help open up your shoulder blades and maximize the stretch.

**Hand Stretch** – Make ten circles in each direction with your clinched hands stretched out in front of you.

**Stand-ups** – Move from sitting to standing and back again. If possible, do this without using your hands to strengthen your legs.

**Heel Raises** – Plant your feet flat on the floor with your knees bent. Slowly lift your heels, leaving your toes on the ground and tightening your calves. Hold and then release.

**Leg Extensions** – You'll feel this in both your abs and legs. Grab your chair to brace yourself and slowly raise your legs straight out, parallel to the floor. Hold for 5 seconds, then slowly release.

**Push-ups anywhere** – No need to drop to the floor. Use a wall, the edge of your desk or the back of a couch. If your chair doesn't have wheels, you can even stay seated at a table or desk. A great workout for your chest and arms.

## Options After Leaving Employment

(Continued from page 1)

### Vesting / Receive Your Benefit in the Future

If you are not eligible to retire, but you have at least eight years of service, you are eligible to vest your retirement. Vesting secures your right to receive a lifetime retirement benefit when you reach eligibility in the future. For example, if a member with eight years of service leaves her employer, she can elect a vested benefit that she may begin drawing at age 62. You and your Retirement Coordinator must complete the *Application for Vested Benefits* when you leave employment.

### Withdraw / Cancel Your OPERS Service

If you are not eligible to retire or vest your retirement, you may withdraw your accumulated member contributions, less applicable taxes. If you take a withdrawal you lose all service credit, you will no longer be a member of OPERS, and you will not receive a future lifetime benefit. The employer's share of contributions always remains in OPERS, and withdrawn employee contributions will not receive accumulated interest or increased value.

You and your Retirement Coordinator both must complete the *Application for Withdrawal*. Payment can be expected in the fifth month after terminating employment provided all paperwork has been received by OPERS.

Members who have withdrawn their contributions and later become employed by an OPERS-participating employer may restore lost service credit by repaying the withdrawal plus interest at 10% per year.

### For more information:

[www.opers.ok.gov/member-education](http://www.opers.ok.gov/member-education)  
[www.opers.ok.gov/retirement-eligibility](http://www.opers.ok.gov/retirement-eligibility)  
[www.opers.ok.gov/returning-to-work](http://www.opers.ok.gov/returning-to-work)  
[www.opers.ok.gov/vesting](http://www.opers.ok.gov/vesting)  
[www.opers.ok.gov/withdrawals](http://www.opers.ok.gov/withdrawals)

## Director's Corner — Cultivating a Healthy Retirement

(Continued from page 1)

experience we encountered and the expectations we have looking forward. This included reducing the assumed investment rate of return to 7%, which is the investment rate of return we believe may be achieved by your \$9.7 billion Plan in future years. The Board's appreciation of market conditions is prudent, and will help to keep the Plan well-funded and strong into the future. We also remain on course to pay off the unfunded liabilities in a short period of time if the system continues to receive adequate contributions.

Our retirees continue to be a significant part of the Oklahoma economy. OPERS paid over \$593 million in benefits in FY2017, with over \$550 million staying in Oklahoma going directly back into the local economy. Over the past five fiscal years, more than \$2.7 billion has been paid in benefits to Oklahoma residents.

We are staying on track and our mission is true: to provide comprehensive, accountable and financially sound retirement services to those who serve Oklahoma. Happy New Year!

## Contact OPERS

### Mailing Address:

Oklahoma Public Employees Retirement System  
Post Office Box 53007  
Oklahoma City, Oklahoma 73152-3007

### Local Phone:

(405) 858-6737

### Outside Local Calling Area:

(800) 733-9008

### Website:

[www.opers.ok.gov](http://www.opers.ok.gov)

### Article Idea? Comments?

**We want to hear from you!**

[newsletter@opers.ok.gov](mailto:newsletter@opers.ok.gov)

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Mailed February 2018

