

Every year the IRS sets dollar limits for how much you can contribute to your deferred compensation plan. See below for the amount you can contribute in 2025.

Regular	\$23,500
Age 50+ Catch-up	\$31,000
Age 60 to 63	\$34,750
Standard Catch-up	\$47,000

Limits apply to the combined pre-tax and Roth contribution amounts.

The year you reach age 50, you can take advantage of the age 50+ catch-up limit. SECURE 2.0 allows a higher catch-up contribution limit the year you turn age 60, 61, 62, and 63. The year you turn age 64 or older, you return to the lower age 50+ catch-up limit.

The Standard Catch-up is available as soon as three years prior to the year of retirement eligibility. You cannot combine the standard catch-up with the age-based catch-up provisions in the same calendar year. Contact the SoonerSave Administrative office at 800-733-9008 if interested in the standard catch-up provision.