

Every year the IRS sets dollar limits for how much you can contribute to your deferred compensation plan. See below for the amount you can contribute in 2026.

Regular	\$24,500
Age 50+ Catch-up*	\$32,500
Super Catch-up* (Ages 60-63)	\$35,750
457 Special Three-Year Catch-up	\$49,000

Contribution limits apply to the combined contributions 457 plans.

The year you reach age 50, you can take advantage of the age 50+ catch-up limit. The Super Catch-up can be used the years you turn 60, 61, 62, and 63. The special three-year catch-up is only available for participants three years prior to the year of retirement. You cannot use either age-based catch-up provision in the same calendar year you use the special three-year catch-up. Contact the SoonerSave Administrative office at 800-733-9008 if interested in the special three-year catch-up provision.

To make a change, log in to your account at [soonersave.com](https://www.soonersave.com), call the voice response system at 877-538-3457, or use the Empower app.

*Beginning in 2026, age-based (50+ and 60-63) catch-up contributions for participants who earned more than \$150,000 in FICA wages in 2025 must be made as Roth contributions.